

## Healthy Sweet Potatoe French Fries



### Nutrition Facts

Amount per Serving

<b>Calories</b>	345 kcal
<b>Protein</b>	6g
<b>Carbohydrate</b>	80g
<b>Fat</b>	0g

Calories per Gram:

Fat 9 • Carbohydrate 4 • Protein 4

### Ingredients:

- 400g sweet potatoes
- Paprika powder
- Chili

### Preparation:

Cut the sweet potatoes in stripes. Flavor them with pepper, salt, paprika powder and chilli. Put them into the oven (180°celsius) for 20-25min. You can serve it to chicken, fish, beef, etc.

Enjoy and stay fit!